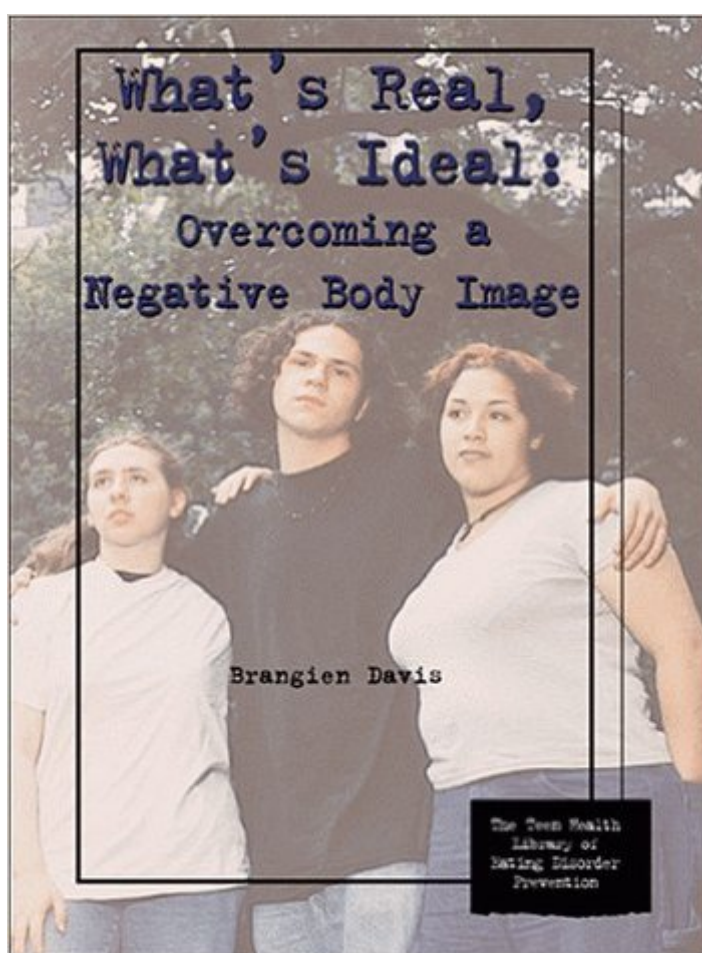


The book was found

What's Real, What's Ideal: Overcoming A Negative Body Image (The Teen Health Library Of Eating Disorder Prevention)



Synopsis

Accelerated Reader is a program based on the fact that students become more motivated to read if they are tested on the content of the books they have read and are rewarded for correct answers. Students read each book, individually take the test on the computer, and receive gratification when they score well. Schools using the Accelerated Reader program have seen a significant increase in reading among their students. This collection of high/low titles was created to increase the awareness and prevention of two phenomena that have become endemic among the teenage population: unwanted pregnancies and eating disorders. The test disk will help your students remember the important information imparted here. --This text refers to the Library Binding edition.

Book Information

Series: The Teen Health Library of Eating Disorder Prevention

Paperback: 64 pages

Publisher: Hazelden (April 1999)

Language: English

ISBN-10: 1568382588

ISBN-13: 978-1568382586

Product Dimensions: 0.2 x 7.5 x 9.5 inches

Shipping Weight: 5.6 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #6,136,998 in Books (See Top 100 in Books) #89 in [Books > Health, Fitness & Dieting > Children's Health > Eating Disorders](#) #580 in [Books > Teens > Personal Health > Self-Esteem](#) #6590 in [Books > Teens > Social Issues](#)

Customer Reviews

this book is good the best one i have read this year. and i'm 14 years old and i also have trouble with that well i'll give it 10 stars if i could

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